April 2018

NOOZE

The Suffolk Land Rover Owners Club Magazine



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NOOZE

is the "mouthpiece" of the **Suffolk Land Rover Owners Club**

SLROC welcomes any comments, contributions or complaints from our members. Send your contributions to:

Jane Gilmore
Meadow End**,** Hoxne Road
Denham, IP21 5DF
Tel: 07793047986

Or email me at:
nooze@slroc.uk.com

COPY DEADLINE:
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We would like to thank
BETTAPRINT Woodbridge Ltd
For their help in producing Nooze

SLROC Supports both national and local 4x4 response groups

Cover Picture
Michael Whitting out for a bit of fun (picture thanks to Richard Gilmore Jnr)

Nooze News!

Well again there seems to be a snowy theme in this edition, lets hope I won't be printing any more similar photos for several months to come!

Having just had the AGM where we announced this years charities, you will find an article explaining how the committee take your nominations and come to a decision on which are the best charities for the club to support throughout the coming year.

You will find articles from both this years chosen charities , Bike Active and Parkinson's East Anglia. These both give you an insight to what the charities do and how they help people in our local communities to have access to opportunities that can make their lives more diverse and give access to support when necessary.

We have an advert for this month's pub meet organised by Ben Cresswell, which has been going for several months. Now that spring is hopefully on it's way it would be a great midweek opportunity to get out with other club members to catch up and relax. There is good pub food available for those that want to eat, or just come along and have a drink.

There is also the advert for the upcoming quiz night with Fish and Chip supper, with last years event being a great evening, why not come and see for yourselves.

There is the usual advert for the next event coming up at Newbourne, which will be the novice winch trial. This event is great opportunity to have a go and try something a bit different whilst getting pointers and advice from other club members and seeing the capabilities of your vehicles.

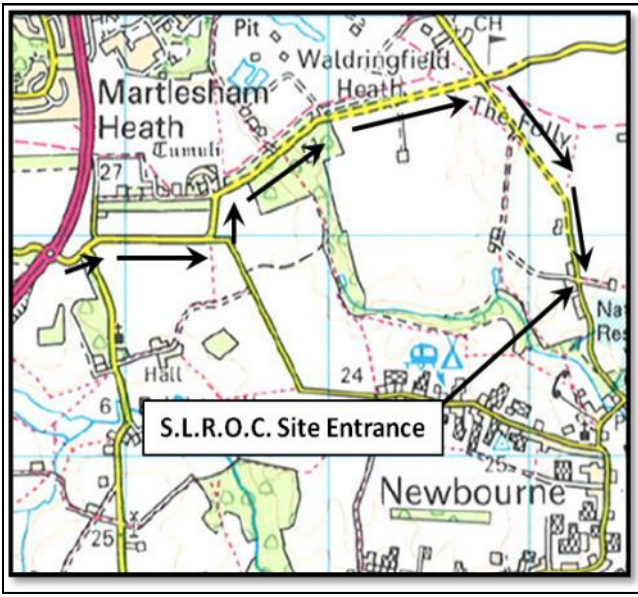
We also the results from the last winch trial at Snuggs Pit.

An article on ALRC recovery regulations, which should help resolve some previous questions.

And finally you will see there has been some changes in our committee, which is reflected in the contacts at the back of Nooze.

Jane

Directions to the Newbourne club site



The club has it's very own off-road driving site which we use monthly for weekend events, and competitions. The site is situated to the east of Ipswich, near to the village of Newbourne. Strict rules must be adhered to when using the site, to protect the safety of all users. Please keep your speed down around the village, and especially on the access track which has a 5mph limit. See you there!

Badwell Ash



OS sheet 155 grid ref TL 000 693

Snugg's Pit



OS sheet 155 grid ref TL 826 421

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Chat From the Chair

Firstly, I'd like to extend a big thank you to all those that came along to this years AGM. To say things were a tad chilly is a complete understatement but at least the snow that fell on the day before didn't come to much and had all blown away by the Sunday (yes that's how strong the winds were on Saturday night!). Snow or not, the temperature didn't get above freezing point all day and I can only apologise for dragging those that were warming up in the cabin out into the open.

As well as the reports that summarise the year, the AGM gives us the opportunity to publicly thank those committee members that have served their time and those that are newly joining. This year both Si and Jane Bareham and Gareth King are stepping down having been great assets to the running of the club over the past three years and Steve and Katie Nurse have come forward to fill the gaps with Richard Gilmore adding to his load by also taking on the role of Vice Chair.

I've said it before and no doubt will say it again, but this club doesn't run itself and without the help of all of those members who find the time to chip in with their time and knowledge we'd be no where and that extends further to those who volunteer to become committee members and give the club it's direction and ideas.

The other main announcement at the AGM is the naming of the charities that we're going to support for the coming year with our show efforts. Last year following feedback we chose four charities to support, but the effort involved in co-ordination pushed us just a little too hard and as a result we've dropped back again to supporting two charities. That said, the effort put into finding charities that will support us in our fund raising efforts has been greater than ever this year and following the great example set by our charities last year we hope that each show will be an opportunity that is capitalized by our chosen charities to promote their causes. This year, the chosen charities are Parkinsons UK which I'm sure you've all heard of but with a particular emphasis on our local branch here in the Suffolk area and Bike Active which I guess less of you may have heard about but are based primarily at Alton Water and is probably the only special needs cycling project in the country. There's more about the two charities to follow here in Nooze and I for one am looking forward to their inclusion in our shows this year!

So the AGM passed off very successfully and I'm heartened to hear how people are enjoying the club and the events that are being organized but as ever we have to continually watch over the way we run and the safety rules under which we operate. Respecting marshal's requests to not wander over the courses whilst there are vehicles moving around, Under 16's wearing hi-vis clothing around the site, dogs being kept under control when there are cars about and keeping to the 5mph limit on the driveway. All things that are important and kept a sharp eye on during events run by us.

Lets hope the weather picks up now that we're well and truly heading towards spring and don't forget to keep the stories of your Land Rover exploits coming into Nooze so the rest of us can be inspired to have great times in our favorite pastime!

All the best…

Andy.

EVENTS PLANNER 2018

This planner is intended as a guide and as such any event may be subject to change.

When	Club Event	Where	Org
April 21st	1St Training Day & Camp Over	Newbourne	P. Corps
April 22nd	Driving Day & Auto jumble	Newbourne	R Gilmore
May 19th	**Novice Winch Trial & Camp Over**	**Newbourne**	**TBC**
May 20th	Driving Day	Newbourne	TBC
June 23rd	2nd Training Day & Camp Over	Newbourne	TBC
June 24th	Driving Day	Newbourne	TBC
July 15th	**Tyro CCVT**	**Snuggs Pit**	**R Gilmore**
July 21st	3rd Training Day & Camp Over	Newbourne	TBC
July 22nd	Driving Day	Newbourne	TBC
July 29th	Maintenance Day	Newbourne	G King
Sept 2nd	**CCVT**	**Badwell Ash**	**M Whitting**
Sept 10th	4th Training Day (Novice Driver)	Newbourne	P Corps
Sept 22nd	**Tyro CCVT & Camp Over**	**Newbourne**	**S Bareham**
Sept 23rd	Driving Day	Newbourne	TBC
Oct 20th	**"Ladies/Junior" Tyro CCVT & Camp Over**	**Newbourne**	**C Finbow**
Oct 21st	Driving Day & Auto Jumble	Newbourne	C Finbow
Nov 4th	**Single Vehicle Winch Trial**	**Snuggs Pit**	**R Lambourne**
Nov 18th	Children in Need Driving Day	Newbourne	A Jeff
Nov 25th	**CCVT**	**Snuggs Pit**	**A Cutting**
Dec 30th	Mince Pie Driving Day	Newbourne	G King

*****Events requiring Pre-Booking are in bold type*****
Driving Days - **£10* -** Driving Day Junior Afternoon **£5**
CCVT and Tyro Trials - still only **£15 Pre-Booked**
CCVT and Tyro Trial - Arrive & Drive (where permitted) **£20**
***Don't forget: It's only a fiver for each extra driver**



Land Rover Pub Meet

Next meeting 11th April

Come along for a chat about all things Land Rover, a drink or just a bite to eat

Sorrel Horse Inn
Old Norwich Road , Barham, IP6 0PG

Arranged by Ben Cresswell

SHOW PLANNER 2018

This planner is intended as a guide and as such any event may be subject to change.

When	Show	Where	CoC / Org
May 30th-31st	Suffolk Show	Trinity Park	C Finbow
June 16th-17th	Vintage Rally and County Fair	Goodrich Park	N Warden
June 30th-July 1st	Country Fair, Wings & Wheels	Heveningham	R Heather
July 27th-29th	The Original Land Rover Show	Kelmarsh	TBC
Aug 4th-5th	Festival of Wheels	Trinity Park	TBC
Aug 11th-12th	Club Open Day	Newbourne	J&R Gilmore
Aug 25th	Modern & Vintage Tractor Fair	Suffolk Food Hall	T Alden
Sept 15th-16th	Henham Steam Rally	Henham Park	T Alden
Sept 15th-16th	LRO Show	Peterborough	G King

Snow snow & more snow!



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Charity Selection

Raising money for charities is a major activity for the Club. The money raised obviously helps our chosen charities, but by attending the shows our members find the involvement with the people, rewarding, good fun, often hard work and by doing so we raise awareness and the profile of the Club.

It's very gratifying to know the person you are giving a ride to has come back because they had been before and enjoyed them self. The fact we are raising money for good causes whilst making people happy is a win win situation.

Some of our charities are set, in that where we attend shows an agreed amount is paid into the show organisations charity, but the main charities the Club selects each year. The selection of our main charities for the year is not a formal or rigid procedure but it does follow a process that Committee would like to share with you.

Firstly there is the 'call', a notice is placed in the Clubs Nooze magazine asking for nominations for possible charities that we might consider for the coming year. These nominations from Club members, along with any 'near misses' from the previous year are reviewed. Firstly to ensure the nominations are in fact charities and that they serve the local area.

Only charities clearly benefiting causes in Suffolk, but may include neighbouring counties will pass to the next stage. Many national charities have branches serving local areas such as the Parkinson's Society a chosen charity for this year, where money raised in Suffolk stays in Suffolk.

Using the Charity Commissions accounts we next look at how the Charity spends their money. We are looking to support charities where a large percentage of the money is used for the charities' cause, not supporting a large charity administration, wages, etc.

After this a Committee member is likely to make contact with the charity in order to gauge that their accounts are a true reflection of what is happening and to find out how they might use a donation from us. We also need to find out how they would use the opportunity of joining us at the shows we attend. We have recently found that some charities are better at this than others and has consequently reflected in the award given. The information is then reported to the full Committee, along with all nominations and a decision is reached, the chosen charities will then be notified so they can plan their part in attending the shows with us. It also gives them a platform to promote themselves.

We, the Committee have recognised this process is time consuming so it needs to happen earlier in the year in order that the process is completed in sufficient time for charities to plan for the shows, so the call for next year's charities will come early autumn this year, after the show season.

It's worth mentioning that this year we have reverted back to having just two principle charities rather than the four that we had last year. It was found it takes an awful lot of coordinating and effort to manage four charities plus we struggle to obtain the amount of passes required by everyone, particularly at the most popular shows.

Graham White
Club Secretary

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PARKINSON'S UK CHANGE ATTITUDES. FIND A CURE. JOIN US.

Thank you so much for choosing Parkinson's UK as one of your charities for 2018 we are really looking forward to working with you.

We're the Parkinson's charity that drives better care, treatments and quality of life. Because we're here, no one has to face Parkinson's alone.

Every hour, two people in the UK are told they have Parkinson's – a brain condition that turns lives upside down, leaving a future full of uncertainty. Parkinson's UK is here to make sure people have whatever they need to take back control – from information to inspiration. We want everyone to get the best health and social care. So we bring professionals together to drive improvements that enable people to live life to the full. Ultimately, we want to end Parkinson's. That's why we inspire and support the international research community to develop life-changing treatments, faster. And we won't stop until we find a cure.

Together we can bring forward the day when no one fears Parkinson's.

We estimate there are 145,000 people in the UK who have been diagnosed with Parkinson's – about one adult in every 350.

Our work totally depends on the money that people like you fundraise and donate. It's only with your help that we can find a cure and improve life for everyone affected by Parkinson's.

For every £1 donated, 80p is spent on making life better for people with Parkinson's. 20p is spent on making the next £1.



Local Branches and Support Groups

We have 9 local branches and support groups in Suffolk, who fundraise on a local level to support their members. These groups offer information, friendship and support to local people with Parkinson's, their families and carers. Many of them also organise regular events and social activities. It is a great way to meet other people affected by Parkinson's in your area.

Money will be spent where it is most needed in the area:



Funding local advisors who are a lifeline to people with Parkinson's, their family or friends. Parkinson's local advisers are there to turn to, so no-one has to face Parkinson's alone. They provide advice and information, emotional support, employment issues and much more.

Funding local nurses in the local area - Parkinson's nurses have specialist experience, knowledge and skills in Parkinson's.

Information and Support - Having Parkinson's can feel overwhelming if you don't have the right information and support. We're here to help everyone feel in control of life with Parkinson's by providing them with all the necessary information and support they require.

Funding local activities to support people with Parkinson's – Pop in cafes, exercise classes, singing classes, carer support meetings.



For further information please contact Becky Redbond, Regional Fundraiser – bredbond@parkinsons.org.uk/ 0344 225 3691/ www.parkinsons.org.uk

I look forward to working with you all throughout 2018!

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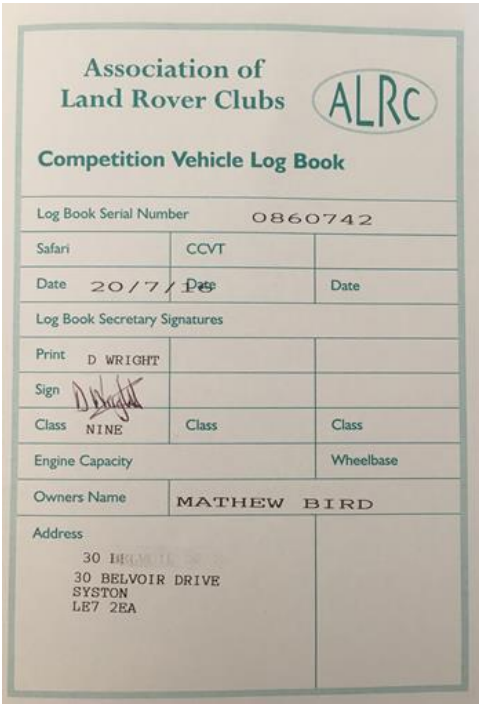
Allowing for a Wider Picture – ALRC Vehicles

Have you ever seen that horror story recovery on YouTube where a couple of guys are recovering the 4x4 that's buried deeper than it's axles in mud and not only does the truck disintegrate during the process, but the recovery vehicle gets a shackle and half a kinetic recovery rope through the back window too narrowly missing the driver and if we've not seen the video, we've at least heard the stories.

It could all be true and it could be a myth but it's just the sort of scenario that we all should do as much to avoid as is humanly possible. That's why at the Suffolk Land Rover Owners Club we have a defined set of regulations that outline the minimum safety needs for vehicles and more importantly the right level and quality of vehicle recovery points and equipment. It might seem expensive or over the top to insist on rated shackles, full strength recovery ropes and recovery points that are often more than strong enough, but the consequence can be unimaginable.

As it says in the back of Nooze "Minimum requirements for recovery points are two-points at the front with bridle, and manufacturer's tow hitch at the rear or two 'Jates' and bridle." this is something that has been with the club and developed by the club over many years and has served us well but as a club we're by no means an island in the world of 4x4 vehicles and there are other organizations that use similar and just as adequate levels of recovery specification that are designed especially for certain types of vehicles that we can learn from.

Whilst we don't want to dilute what we consider a minimum level of safety, we also don't want to turn away vehicles that are approved to these high standards and are rigidly logged as such; so we're going to include in our 'allowable specification' ALRC scrutineered vehicles. In truth, at CCV trials, these vehicles have been competing with our club for some long time and this formalizes the understanding.


Association of Land Rover Clubs ALRC

Competition Vehicle Log Book

Log Book Serial Number 0860742		
Safari	CCVT	
Date 20/7/18	Date	Date
Log Book Secretary Signatures		
Print D WRIGHT		
Sign		
Class NINE	Class	Class
Engine Capacity		Wheelbase
Owners Name	MATHEW BIRD	
Address 30 BELVOIR DRIVE SYSTON LE7 2EA		

So what does 'ALRC scrutineered' mean, the Association of Land Rover Clubs is an organization that amongst other things organizes top level Land Rover competition events and for vehicles to compete in these events, they must conform to a very stringent set of specifications that are both geared around the type of vehicle and the safety of that vehicle. When a vehicle has achieved the



standard set by the ALRC it is issued a log book and is 'tagged' as having passed. The tagging lasts for 5 years during which time the vehicle can't be changed in any way that alters it's safety or structure indeed the log book includes photo's of the vehicle to show what was approved. Tagging is a two fold thing, the first tag which is usually blue or red identifies the logbook to the vehicle, it's vehicle identification number and the second yellow tag is the important safety tag. When a vehicle is damaged, particularly it's roll cage, the yellow tag is removed and is only replaced when repairs are completed and approved.

So what differences are there between our standards and ALRC standards? Primarily, ALRC vehicles must have roll cages and must 'look' like Land Rovers. The recovery points are also different with only one front and one rear central recovery point being necessary. Whilst it is stated that a clevis pin type points are preferred, there are a number of different points allowed by the regulations. Club experience has taught us that two front recovery points and a bridle are preferable for spreading the load and managing a pull that can sometimes be off center especially on an almost two ton Disco that's half buried, but with lightweight, low center of gravity trial vehicles the forces involved are less and a single point when used properly is adequate.

The one thing to remember though is that is only applies to properly scrutineered, logged and most importantly tagged vehicles, it's not a case of I've built a lightweight buggy and I only need a single shackle on the front, that's not acceptable, remember it comes down to the stringent rules already checked and logged by the ALRC scrutineers.



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"Non-Extreme / Novice" Winch trial 19th May 2018 @ Newbourne

This event is primarily aimed at beginners with the more experienced amongst you welcome to join in but don't expect anything like a full challenge event. Teams will find a good selection of stages (approx 10) to learn and gain valuable experience giving a taste for some of the more challenging events that we organise throughout the year.

Marshalls will be on hand with advice and guidance for the less experienced. So there is no reason why you shouldn't come along and find out what that expensive bit of kit on your front bumper can do other than a bit of self recovery.



Pre-Booking for this event is via the Club Forum, Facebook or email compsec@slroc.uk.com

Pre-booking will close 2 weeks prior to event to allow time to arrange the insurance. Entrance cost will be £25 per vehicle.



Day will begin at 9 am for scrutineering with the trial starting at 10am aim-ing to finish at around 4pm. This will be a single-vehicle front mounted winch trial with one class across the board.

Spectators are of course more than welcome to come along and watch what is always a closely contested event!

SUFFOLK LAND ROVER OWNERS CLUB

QUIZ NIGHT

+ Fish & Chip Supper

Sat 21st April
at Newbourne Village Hall

£10 per head

19.00–22.30
(approx finish time)

Menu: Fish / Chicken / Pie & Chips
(*Chicken & Mushroom, Steak & Onion or Steak & Kidney)

Please bring your own drink

Family & Friends Welcome
Teams of up to 6

Cash Prize to winning team

RSVP: Numbers & Menu choice by 7th April
To: chrisandheidi9@btinternet.com or 07738 294 754 or via FB

Competition Results

Single vehicle Winch Trial
25th February 2018

This was the first Winch event of the year and although we had a smallish field of 9 competitor's a fantastic day was had by all.

I would like to say thank you to Matt Baldwin for setting the sections and all the marshals on the day :-)





Class 1 Multi Winch		
Position	**Entrant**	**Points**
1st	Paul Bone & Edd Glover	4480
2nd	Chirs Cole & Nathan Arbor	4050
3rd	Grant Howard & Breck Heeps	2590
4th	Shaun Dighton & Ady Smith	2325
5th	Brian Welburm & Tim Dyer	1300
6th	Harvey Allen & Gary Zower	850
7th	Adam Woodhouse & Henry	550

Class 2 Single Winch		
Position	**Entrant**	**Points**
1st	Gemma Marriage & Chris Largent	2800
2nd	Emma & Tony Mattack	950





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special needs cycling
BIKEACTIVE



We started life over 20 years ago as BikeAbility Ipswich proving cycling every Wednesday for adults with a wide range of disabilities and come rain or shine will still do.

BikeActive was formed on 1st March 2004 as a separate 'not for profit charitable organisation' in order to extend our offer of a thrilling cycling experience to many more disabled adults. We are fully insured and have a base at Alton Water, an array of amazing cycles and regular Friday groups who cycle all year round.

Although we begin our rides off-road, we mostly use the delightful lanes around Alton Water. This gives helpers and clients alike the opportunity to enjoy the superb countryside, together with its many trees, flowers, birds and other wildlife.

We believe we are the only Special Needs cycling project in this country that regularly rides on-road, and we have developed techniques and expertise for negotiating the traffic safely over these 20 years.

We have a team of around 12 helpers, all of whom give their time on a voluntary basis and are all DBS, formally CRB checked. They receive extensive training on our wide range of equipment. This includes 2 Victorian Tandem trikes, Duet and Discoverer cycles suitable for wheelchair users: Add I's [two wheel trailer bikes, used with mountain bikes]; Trice and KMX recumbent trikes, standard and hand-cranked, for a fantastic ride; plus small wheeled Moultons and a variety of mountain bikes.

We have a saying at BikeActive that clients and helpers alike, "look at the machines and smile, sit on them and laugh, and cycle on them and sing!". Sometimes it's literally true, and passers-by are greeted with a smile, a wave and a 'Hello', such is the delight to be had from their cycling experience

We are always in need of both volunteers and funding in order to continue and develop our work. I would be very willing to speak to any group and, of course, welcome them on one of our rides. In addition, we have an excellent series of A3 colour photos that we are happy to lend out. Do contact me if I can be of any further help.

Peter Robson
Secretary





Committee Meeting Minutes

Meeting held Friday 9th February 2018, 8pm
Minutes prepared by Graham White

Present Andy Jeff (AJ) (Chair), Richard Gilmore (RG), Jane Gilmore(JG), Graham White(GW), Michael Whitting (MW), Si Barham (SB), Jane Barham(JB), Pat Corps (PC), Gareth King (GK).

Apologies Tim Alden (TA)

Minutes of previous meeting.
Approved as a true account. Proposed JG, Seconded AJ

Matters arising from previous meeting.

Outstanding actions. (NB Action reference = Date + numeric i.e. MMDDNN)
09/06/17 – Document what ALRC tag means – **action AJ**
090110 - See action 020901
100601 – Action Complete
110305 – Action Complete.
110311 – Arrange for JB to have access to bank account to check memberships – **Action MW**
110317 - Actions Complete
120101 – Replace and make good wiring to caravans, incorporate a battery changing system from the generator - **Action GK**
120102 – Arrange for generator to be serviced – **Action SB**
011201 – Amend Raffle accounting so that it is the same as Club Shop – **Action MW**
011202 – Update Gallery on Club Website – **Action AJ**
011203 – Action Complete
011204 – Driveway potholes to be filed prior to next Driving Day – **Action GK**
011205,6 – Action Complete
011207 – Copies of IOPD certificates to be filed and posted in Hut as required – **Action AJ**
011208 – A review of the incident during MPDD involving TA to be carried out – **Action PC**

Actions arising this meeting
020901 – Decline the invitation from Suffolk Light Railway due to conflict with other activities – **Action AJ**
020902 – Contact Bikeactive and Parkinsons UK to advise them they will be our chosen charities for 2018. – **Action JG**
020903 – Draft an article for Nooze detailing the method of choosing the Charities – **Action GW**
020904 – Discuss with CF the possibility of a training course to improve Marshals understanding of competition rules. - **Action RG**
020905 – Co-ordinate between Committee and Graphic designer with regard to trailer. – **Action RG**

Calendar items

JG reported that a Calendar error as printed in Nooze has been corrected for next issue.

Membership

Full = 141, Joint = 65, Junior = 20, Total membership = 226

New members

Robert Klauza, Chris Pell, Ceslaw Sosnowski - Ipswich
Gregory Land – Harwich
Chris Mayer – Gt.Yeldham
Dawn Miller – Kirby Cross

Proposed GK, Seconded PC

Three people have expressed an interest in taking up the post of Membership Secretary.
AJ mentioned he had been made aware of a potential membership software package, it was agreed to allow the new Membership Sec to settle into the role before reviewing such software.

Finance report

£8,034 in bank.
£1,200 is charity money, Suffolk Show and Village Hall yet to cash their cheques.
Day into Night & TYRO money to be banked
JB & AJ Expenses paid. February Nooze paid.

Website & Social Media

Facebook likes = 1145
AJ reported the Members page on the Club Forum was now up to date.

Safety & Training

PC confirmed Winch Trainers requalification booked for 11th March.
A request for First Aiders to make themselves known had been included in Nooze.

Club Site

Despite parts of the yellow course having to be closed off at the last driving day GK reported the condition of all courses now as good.
There was further discussion regarding the potholes along the driveway and the urgent need for these to be repaired.

2018 Charity Selection

JG presented information about Bike Active. GW proposed that Bike Active be our second charity for 2018, all present agreed.

Competition

RG report a successful Day into Night Trial and Tyro. The next event being the single Winch Trial at Snuggs Pit, setting of course is arranged and a call for Marshals has been made on the Forum.

Also, good progress with discussions regarding inter Club events with the following proposed dates to be confirmed. Beckland, at Burgh Castle for 25th March. Norfolk Club at Pentlee Lakes 6th May and SLROC at Badwell Ash, 2nd Sept.
AJ advised that CF has offered to run a training course to ensure Marshals are familiar with competition rules.
It was agreed to publish in Nooze the regulations regarding use of lights prior to the next Day into Night trial.

IOPD

PC awaiting confirmation as becoming the new principle contact.

Club Trailer

A draft design has been sent to the Graphics supplier.

Correspondence

A communication from J.Carr was received and discussed by the Committee.

Any Other Business

None

Meeting closed 21.50

Next Meeting

8pm Friday 2nd March at the Club

Minutes approved

A.Jeff 2/3/18



SLROC CLUB SHOP

Clothing, Stickers, etc

All clothing is available to order in a range of sizes and colours, just ask!

T-Shirt	**£10.00**
Polo Shirt	**£13.00**
Sweatshirt	**£16.00**
Hoodie	**£16.00**
Rugby Shirt	**£24.50**
Fleece	**£20.00**
Bomber Jacket	**£32.00**
Overalls	**£34.00**
Children's T-Shirt	**£9.50**
Children's Polo Shirt	**£11.50**
Children's Fleece	**£19.50**
Children's Polo Hoodie	**£14.00**
Children's Bomber Jacket	**£29.00**
Baseball Cap	**£10.00**
Embroidered Hat	**£10.00**
Door / Panel Sticker	**£4.00**
Small Sticker	**£1.00**
Window Sticker	**£1.00**
www.slroc.uk.com Sticker (Black, Orange, Silver, Yellow, Red, Blue & White)	**£2.00**
Cap Light	**£3.00**
Childs Hi-Viz Vest	**£2.50**

Prices are correct at time of going to print but may be subject to change.

SLROC CLUB SHOP

Recovery Gear

2M Bridle	**£21.00**
5M Rope	**£30.00**
7M Rope	**£35.00**
9M Rope	**£40.00**
Bow Shackle	**£8.00**
'Jate' type Recovery Ring	**£15 .00**
Battery Clamp	**£6.00**
Rigger Gloves (1 pair)	**£1.00**

Prices correct at time of going to print but may be subject to change.
The Club Shop is at most events, and items are also available from:

Chris Finbow: 07771 588298 - Email: clubshop@slroc.uk.com

Please get in touch if you wish to collect items from a Show.
Items will soon be featured on our web site at **www.slroc.uk.com**



CLUB CONTACTS

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Please note: Some of the Committee Members have requested that details of their addresses are not published within the newsletter for personal reasons. Please do not let this put you off contacting any of the Committee, they will be only too glad to receive phone calls (as long as they are at a reasonable time of day, say **no later than 9:30pm**).
If you have any mail you wish to pass on to a Committee Member then it can be sent via any of the published addresses above. The Committee also respects the privacy of each and every Club member, and to that end, we do not give out details of Club members to any other organisation.

E-Nooze, A Quick Plug

Nooze in electronic form has been around for some time now and a number of members get their copy e-mailed out before the regular paper Nooze goes in the post. If you'd like to switch to E-Nooze or get E-Nooze as well as paper Nooze, or if you're a joint or junior member who would like Nooze e-mailed to you, send a request by e-mail to nooze@slroc.uk.com and I'll add you to the list!

Thanks Jane

Important Information

On entering the access lane to the site, please adhere to the **5mph** speed limit. Failure to do so, may result in removal from the site with no refund of fees.

If only watching or socialising, please turn right to park in the rear car park. Do not park in the main car park or proceed to signing-on/scrutineering.

Trailers to be parked in designated area in main parking area.

If taking part in the event please stop at the signing-on hut first:

For insurance purposes, membership cards **must** be available for inspection at **any** club driving event, if requested. Only members holding a full UK driving licence* and who have **signed on**, may drive at any club event. *With the exception of 'Tyro Trials' where Supplementary Regulations may allow drivers of 13 years and upwards.

Then continue to scrutineering: **All** vehicles must be scrutineered prior to driving onto the courses. Minimum requirements for recovery points are two-points at the front with bridle, and manufacturer's tow hitch at the rear or two 'Jates' and bridle. Please fit bridle before scrutineering.

Seat belts (inc. lap-belts) must be fitted and worn by all occupants.
(**No belt, no ride.** This is for your own safety).

Once signed-on and scrutineered, you may continue to the parking area.

All loose items must be removed from the vehicle before going on the courses. Vehicles will be checked for these items and stickers.

15 mph site speed limit

No driving along the footpath at the bottom of the site, except at the designated crossing point for access to and from the Woodland Course.

All recoveries under the supervision, and at the discretion of a Marshal. All facets of winching operations may only be carried out by persons aged 18 and over, including rigging.

Pedestrians must not walk on the courses, only the access roads- this is for your own safety.

Children (under 16's) remain the sole responsibility of parents/carers at all times. Children must wear a Hi–Viz vest whilst outside a vehicle in all areas. Children must be accompanied by an adult in all active vehicle movement areas.

Dogs must be kept on leads and under proper control at all times.
It is the responsibility of the owner to clear up after your dog(s).

Do not drive roped-off areas.

Do not remove ropes or posts unless instructed by a Marshal.

Strictly no drinking and driving. No motorcycles or quad bikes.
No tractor, Implement or overly-aggressive treaded tyres.
Please take all your litter home with you.

The Marshal's decision is final

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